



# Cohoes Housing Authority



June 2014

[www.cohoeshousing.org](http://www.cohoeshousing.org)

WE'RE ON... **facebook**



## Annual Plan Public Hearing

All residents and the general public are invited to a public hearing on **June 17th** at 5:30pm at the Roulier Heights Community Room. The Cohoes Housing Authority will present their Performance and Evaluation reports for 2012 and 2013 Comp Grants. Also a public hearing will be held for anyone wishing to comment on the CHA Annual Plan for 2014, including the Capital Fund Program.

**DON'T FORGET...**  
Father's Day is June 15<sup>th</sup>



Look inside for info on:

- For your Information...page 2
- Summer Movie Express...page 6
- Know your Community ...pages 10-11
- Meeting for new development ...page 14

Administration Office  
100 Manor Sites, Cohoes, NY 12047  
Tel: (518) 235-4500 • Fax: (518) 235-8120

### BOARD OF COMMISSIONERS

Charles Alonge	Chairperson
Walter Harbacz	Vice-Chairperson
Wil Hebert	Commissioner
Carolyn Dion	Commissioner
Shawn Higgins	Commissioner
Colleen Mayo	Tenant Commissioner
Melanie Taylor	Tenant Commissioner

### STAFF CONTACTS & PHONE EXTENSIONS

Administration		
Charles V. Patricelli	Executive Director	117
Katherine L. Oliver	Office Administrator of Operations	117
Edie Duncan	Clerk	122
CFP Grants		
RJ Langlais	Mod Coordinator	125
Section 8		
Josephine M. Shufelt	Housing Eligibility Assistant	120
Tenant Relations		
Sherry Muzio	Tenant Relations Officer	113
Janice L. Medina	Sr. Account Clerk	111

# For Your Information



## Working on Cars

Only properly registered vehicles are permitted in CHA parking areas. Vehicle repairs such as oil changes, motor overhauls, and body work are not allowed in the complexes.



## Visitors

Please remember that you are responsible for persons visiting you. If you are going to have someone to your apartment, please call the office and give the

information requested to Sherry.

More importantly, do not forget that overnight guests must be reported to the office. Written permission is needed for someone to stay in your apartment. Please note that the Cohoes Housing Authority has no objections to your having someone staying with you, but it is a violation of your lease for someone to be living in your apartment temporarily or permanently without the consent of the Cohoes Housing Authority.



## Don't be a party to teenage drinking.

## It's against the law.

Prom and graduation are important events in young peoples lives. Parents often celebrate these events by hosting parties for children and inviting their children's friends. Other parents condone the use of alcohol because they want to be considered a 'cool' parent or may believe they are keeping teens 'safe' by providing alcohol in the home, thus preventing them from drinking and driving. You're not a friend to you child YOUR their PARENT!

## Warm Weather is Here...

## Keep an eye on your kids!



Now that the warm weather is here, please keep your children from hanging on the trees and clotheslines.

Please make sure your front and rear porch areas are clean and neat and not cluttered. Also, make sure your children's toys are picked up after they finish playing with them.

Cohoes Housing Authority

**Make sure we've got your number and email address!**  
*Please be sure to provided updated phone numbers to the office in case we need to notify you of any emergencies. Many times we don't have time to send out letters and the phone is the only way to contact you in a hurry.*



### MARY'S CORNER

Mary's Corner is serving adults caring to children from newborn to 3 years, living in the City of Cohoes and Watervliet. Stop by on Tuesdays or Thursdays from 10:00-12:00. Mary's Corner will be offering the following items free of charge; formula, Diapers, Baby Clothing(infant to size 5), baby furnishings(strollers, bouncy seats, baby gates), breast feeding items, literacy classes, support group, and other out-reach services. Registration and proof of residency is required. You may also call Mary's Corner at 518-269-6068.

### Drug Tip Hotline

Illegal drugs are a major problem in our country. The Cohoes Housing Authority is no exception. If you know of any illegal drug activities, please call the Drug Tip Hotline at 233-2161.

**ALL INFORMATION IS TOTALLY CONFIDENTIAL.**



### Top four reasons kids give for not wearing a helmet

- 1) Helmets aren't cool. **FACT:** Helmets are designed to help prevent injuries to your skull and your brain. A serious fall or crash can cause permanent damage or death. That's definitely not cool!!
- 2) Helmets just aren't comfortable. **FACT:** Helmets today are lightweight and well ventilated. They're actually a lot more comfortable than they ever have been. Just make sure to look for a standards sticker inside the helmet. The government has set standards requiring all helmets meet the consumer product safety commission standard after 1999. Look for a cpsc, astm or Snell B-95 sticker.
- 3) I have never worn a helmet and nothing has happened to me so far. **FACT:** bike crashes or collisions can happen at any time. Even professional bike racers get in serious collisions. More importantly, studies show that in three out of every four bike crashes, bikers get some sort of injury to the head.
- 4) I just don't want everybody to see me wearing a helmet. **FACT:** wait! That's just the point! Helmets make it easier for motorists, pedestrians, and other biker's to see you. If everybody can see you, they won't run into you. (NHTSA, 2000)

## Painting of Apartments



It costs the CHA approximately \$400 for labor and materials to paint an apartment. It is worth it to keep your apartments looking nice. Please try to use care when moving furniture. Remember to wipe off fingerprints and crayon marks; it all helps to keep the apartments nice.

## Attention All Tenants:

This is a reminder that Air Conditioners **are not allowed** to be installed in any



room with only one window. This is a code violation and a fire hazard. Any tenant(s) found doing this will be served a 30-day vacate. Also, please keep the areas around your apartment neat and clean. These areas and porches are not to be used as storage areas.



## FIRE

### It can happen at anytime!

With no warning you could lose everything. We recently had a small apartment fire and luckily little damage was done to the apartment and nobody got hurt. What causes these types of fires? Grease and unattended cooking is usually the reason. Don't let this happen to you. Always, always have your smoke detectors connected. The fire could be next door and if you disconnected your detector you may not have enough warning to get out of the apartment. Also, even if the fire isn't in your apartment you may get smoke or water damage and you should have your own apartment insurance. It is cheap and will protect your valuables.

Cohoes  
Housing  
Authority



## Summer is Coming!

1. Please drink plenty of water
2. Wear a hat
3. Try to walk early mornings or early evenings
4. Do not walk alone

# News At The Authority

## Fire Extinguishers

As part of our safety program, we have installed fire extinguishers in the kitchen of your apartment as yet another



added item to protect both you and the CHA property.

Although not an absolute guarantee that it will put out all fires, it may help slow it down and possibly save an apartment

and even may save a life. Do not remove this or you risk eviction.

## Medical card holders for seniors

We installed these cards in your apartment for your safety. These cards are very helpful to Emergency Medical Personnel that come to your apartment in the event you are taken to the hospital. Try to keep the information up to date. Have a family member, aide or ask someone from our office to help you fill it out.

Please remember it is for your safety and protection.



## FRAUD: You will be caught



The Department of Housing and Urban Development (HUD) has determined that there is a significant amount of fraudulent income reporting in subsidized housing and Section 8 programs. It has therefore created a new electronic way for agencies to uncover fraud-the Enterprise Income Verification (EIV) system.

All the programs have required that tenants report their income on the Affidavit of Income, and that all adult family members 18 years of age and older sign the release forms. These release forms give the Cohoes Housing Authority the right to verify the income that you report. Now the new computer matching program called EIV has the capability to verify what you report through Federal Agency information sharing. We urge you to make sure that the income you report is accurate. **WARNING:** If you are not truthful when you report your income, you will get caught, and you be evicted and if on Section 8 will lose your voucher.

## Put butts in their place

Cigarette butts on the ground are disgusting and unsanitary. Please put cigarette butts in their place. If our Maintenance personnel have to pick them up, **YOU WILL BE CHARGED.**



Cohoes  
Housing  
Authority

# SUMMER MOVIE EXPRESS



The 2014 Summer Movie Express runs for 9 weeks with select titles playing on Tuesdays and Wednesdays throughout the summer. Please see your local theatre for program start date. Admission to these films during the Summer Movie Express is only \$1 and a portion of the proceeds goes to the Will Rogers Institute.

Regal Crossgates Stadium 18 & IMAX    Albany NY    Starting    July 1, 2014

Week	Title	Rating	Start Time
1	Hotel Transylvania	PG	10am
1	The Smurfs 2	PG	10am
2	Cloudy with a Chance of Meatballs 2	PG	10am
2	The Pirates: Band of Misfits	PG	10am
3	Arthur Christmas	PG	10am
3	Despicable Me 2	PG	10am
4	Lego	PG	10am
4	Free Birds	PG	10am
5	Adventures of TinTin	PG	10am
5	Rise of the Guardians	PG	10am
6	Kung Fu Panda 2	PG	10am
6	Madagascar 3	PG	10am
7	The Croods	PG	10am
7	Epic	PG	10am
8	Turbo	PG	10am
8	Walking with Dinosaurs	PG	10am
9	Mr. Peabody & Sherman	PG	10am
9	Rio 2	PG	10am

# More Information

## Renter's Insurance

This may come as a surprise, but the housing authority's insurance generally does not cover YOUR personal property. Your valuable possessions are not protected without renter's insurance. Most people cannot afford to replace clothes, TV, stereo, jewelry, and furniture if they were destroyed in a fire. If you are forced out of your apartment due to a fire, burst pipes, or other reasons listed in your policy, this insurance will also cover you for "additional emergency living expenses." Coverage starts at \$152 per year. For more information call the office.



## NO Parking Zones

Our Maintenance personnel have reported that vehicles have been parking in designated NO PARKING areas. You will receive one warning. If you get caught again, your car maybe towed! Don't risk a towing charge in excess of \$125. These areas are kept clear for your safety.



## Rugs

Rugs cannot be glued or nailed. You are permitted to use carpet tape.

## Supervision of Grandchildren

School's almost out and summer time is just around the corner. We expect that grandchildren will be visiting more frequently than usual. For the safety of your little loved ones, please remember that children need to be supervised at all times in the common areas of the building and especially in the courtyard and parking lot of the property. We are located in a very busy city and children are notorious for not paying attention while playing. We ask that you watch out for them. In addition, unsupervised children tend to be noisy and sometimes can get into things they shouldn't, so your watchful care over them will be greatly appreciated.





## Flag Day: June 14<sup>th</sup>

Flag Day was first observed in 1877 on the 100th anniversary of the Continental Congress' adoption of the Stars and Stripes as the official flag of the United States. In that year Congress asked that all public buildings fly the flag on June 14. The idea quickly caught on and many people wanted to participate in waving the flag.

In 1916 President Woodrow Wilson proclaimed Flag Day as a national celebration. However the holiday was not officially recognized until 1949 when President Harry Truman signed the National Flag Day Bill.

## Food Pantry at the Towers

The McDonald Towers Food Pantry is open to all tenants who live in Cohoes Housing Authority. The hours of operation are:

Tuesday through Friday: 9 am. to 12 pm  
1 pm. to 3 pm.



Please bring your own bags. You must bring proof of residency each visit. We can only serve a family once every two months. There will be no exceptions.

If you have any questions or wish to make an appointment call Jack Counterman at 237-0521.



## Father's Day

Fathers' Day is a celebration to complement Mothers' Day in celebrating fatherhood and male parenting. In the United States the first modern Fathers' Day celebration was held on July 5, 1908. Today Fathers' Day is celebrated on the third Sunday in June.

President Calvin Collidge recommended Fathers' Day to be a national holiday in 1924. In 1972 the holiday was officially recognized during the presidency of Richard Nixon.



## ATTENTION TENANTS:

PLEASE MAKE SURE ALL VEHICLES ARE REGISTERED AT THE OFFICE. IF WE SEE CARS PARKED IN THE COHOES HOUSING AUTHORITY PARK-

ING LOTS WITHOUT PARKING STICKERS **THEY WILL BE TICKETED AND TOWED.** IF YOU HAVE A VEHICLE THAT IS NOT REGISTERED, PLEASE BRING IN YOUR REGISTRATION AND WE WILL GIVE YOU A PARKING STICKER.



Regardless who pays for the utilities, we need to save our earth's valuable resources



# The Towers Watch



## Services for tenants at McDonald Towers June 2014



### Price Chopper Bus

Monday bus service to Price Chopper, the bus leaves Cayuga Plaza at 11:45am and returns at 1:45pm. There is no charge for this service.



### Hannaford Bus

Thursday bus service to Hannaford Market, bus leaves Cayuga Plaza at 9:45am and returns at 1pm. There is no charge for this service.



### Tenant Meeting

The Tenant Meeting will be held on Thursday, June 19th at 1pm. This will be held in the Community Room.



### Bingo

Bingo is held on Thursday at 6PM. There is a \$1.00 charge for admission and \$1.00 per card. This is held in the Community Room.



### Communion Service

Communion Service will be held on Wednesday's at 2PM. This will be held at the Cohoes Senior Center. The public is invited to attend. For more information please call 237-2370 or 237-5151.



### Exercise Class

Exercise Class is held Monday at 4PM. This is held in the Community Room.



### Advocates Office

The office is open Tuesday - Friday, 9AM to noon and 1PM to 3PM.



### Birthdays at the Towers

- 6/7 Loretta Linen
- 6/19 Dawn Lindeman
- 6/22 Willian St Louis

## Attention ALL

**McDonald  
Tenants!  
Tailgating!  
What is it?**



Do you let people into the building without knowing who they are? Do people follow you into the building and you don't know who they are or what they are doing in the building? That is Tailgating!

People sneak into the building without being even buzzed in or they will press your doorbell and you again let them in. This could be very dangerous and you risk the safety of others.

# Know Your Community

## ENOUGH Safe Summer Festival

Please join Cohoes Mayor George E. Primeau Sr., Albany County District Attorney David Soares, and Pastor Charlie Muller at the ENOUGH Safe Summer Festival that will take place on Saturday, June 14th at Lansing Park in Cohoes from 3pm until a fireworks finale at dusk.

The Safe Summer Festival will be fun filled day that is **FREE** to the public with food, bouncy bounces, water slide, prizes, games, pony rides, bicycle repairs, fire safety trailer, skate contest and more!

**The ENOUGH Program** will highlight anti-violence and public safety efforts of local government and law enforcement throughout the day culminating in a glorious NHKelman sponsored Alonzo Fireworks Display at dusk.

This year we will be recognizing students in the Cohoes School District, the Cohoes Police Department and Cohoes Fire Department for exemplary role in the community.

Your presence is truly appreciated ....We hope to see you there as we kick off a fun and most of all SAFE Summer!

---

## COATS FOR THE COMMUNITY

*Call for new or gently used, cleaned  
adult and children's coats!*

Please donate your coats for distribution to the residents of Cohoes, Watervliet, and Green Island in October 2014.

United Church of Cohoes, 123 Mohawk St., Pine St. entrance

### **TO DONATE COATS:**

**Please collect coats for all ages.**

**Call Kathy Kavanaugh 869-6520 for pick-up.**

**Thank you!**

Coordinated by Mary's Corner of the Ladies of Charity of Albany  
and Cohoes Bridges Out of Poverty



## ***Featured Vendors***

*Bowman Orchards*

*Petuske's Produce*

*Pixies Preserves*

*The Farm at Kristy's Barn*

*Agape Blues Company*

*Good Girls Gone Bone*

*Ole McDonald Honey Farm*

*The Country Willow*

*Perky Penguin Crafts*

*United Healthcare*

*& Much More*

**Open every  
Friday**

**Starting June 13th to  
October 3rd**

**At Our New Location On Remsen  
Street between Seneca St. &  
Oneida St. Located by  
Canal Square  
4:00 PM to 7:00 PM**

**Come to see what special event is  
happening each Friday night**

# **Canal Square Concert Series**

***July 18- The Chronicles***

***July 25- Back Beat***

***August 1- Sean Rowe***

***August 8- Sensemaya (Salsa Lessons)***

***August 15- Rymanowski Brothers***

Enjoy  
Craft  
Beers on  
Draft!

Bring Your  
Lawn  
Chair

# BEDBUGS!

By Amanda Benedict, Director – Watervliet Public Library

It has come to our attention that there has been an outbreak of bedbugs in Albany County. Authorities believe that the bugs will soon be a big problem for many area residents, especially now with kids returning to school. Bedbugs cling to clothing and other objects, making it easy for them to transfer from one place to another.

So, we decided to do a series of articles full of tips that will help you determine if you have the bugs, what to do if you have them, what to do if you have been bitten, how to help prevent bedbugs, and where to go for further information and assistance.



© Mayo Foundation for Medical Education and Research. All rights reserved.

## But first **What are these bedbugs and where do they come from?**

A bedbug is a small (about the size of an apple seed), flat, reddish-brown bug that feeds on blood. They are found in homes all over the world, even the cleanest of homes. Bedbugs are not picky about their environment, whether clean or dirty, so it makes it very difficult to prevent them. They hide during the day and come out during the night in order to feed.

The recent spread of bedbugs could be due to increased international travel, changes in pest control, and insecticide resistance. Bedbugs travel on our belongings, making it easy for them to spread from place to place. If you're at someone else's house, or in a hotel room, and set your jacket or bag on the floor, the bugs could crawl onto your things and come home with you. Other public places, such as movie theaters could be invested with bedbugs. Check your clothes, hair and belongings after leaving such places before you return home. The good news is that the bugs do not hide under your clothing, so covering as much skin as possible is one way to reduce your risk of having them stick to you.

### **Watch out for bedbugs in crowded lodgings such as:**

§ Apartment complexes                      Dormitories      Homeless shelters      Hotels

### **Where do they hide?**

During the day, bedbugs hide in the cracks and crevices of:

§ Mattresses      Box springs      Bed frames      Headboards

### **They also can be found:**

- § Under peeling paint and loose wallpaper
  - § Under carpeting near baseboards
  - § In upholstered furniture seams
  - § Under light switch plates or electrical outlets
- (Mayo Clinic)

---

### References:

“Bedbugs.” Mayo Clinic Staff. *MedlinePlus*. Accessed from <http://www.mayoclinic.com/health/bedbugs/DS00663/METHOD=print> on 9/3/2010.

---

# Kiddy Pools

## Rules for the dog days of Summer



**Wading “Kiddy” pool:** A small, shallow swimming pool not more than 12 inches deep, designed specially for use by small children.

**Pools should be no deeper than 18 inches or wider than 5 feet in diameter**

In many cases, any pool larger than the above specifications must be fenced off according to state/local codes. Limiting the size will also help to maintain control and safety.

**Pools should be emptied each night**

Letting non-chlorinated water sit for long periods of time can cause harmful germs. It is important to fill the pool with fresh water daily. Also, by emptying out water it lessens the hazard of unattended children entering the pool and drowning

**Toys should not be left in or around pools**

Toys can attract young children into the pool area.

The safety and well being of our residents is a high priority at the Cohoes Housing Authority, and we hope all of our residents will work toward that goal. **Policy will be enforced and action will be clearly be taken by either back charge for damage or eviction procedure.**

**Tenants should notify the Authority that they have a pool**

Knowing what units have wading pools will help to reinforce rules and restrictions.

**Wading pools should be moved frequently to avoid damage to grounds**

Leaving the pool in one place can cause damage to Authority grounds, thus causing other hazards. Tenants will be held responsible for damages to Authority property.

**Pools should be properly stored when not in use**

Pools should be placed in units, unit storage sheds, or other designated areas.

**No Hoses/Sprinklers/Slip & Slides**

Since water use is metered, we must enforce these rules. Hoses can be used to fill pools only. There is to be no washing of cars, no letting children play with hoses and absolutely no sprinklers or Slip & Slides.

## Open fireplaces... NOT ALLOWED

At no times are tenants permitted to have an open fire on CHA property. This includes all kinds of fireplaces even it is in some confined ring, clay fire unit or in a barbecue.



## Meeting for new housing development behind Manor Sites



As some of you may have heard, a new housing development will be built behind Manor Sites. This is not owned by the CHA but a private developer. In an effort to keep all of our tenants informed, a tenant and neighborhood meeting will be held on June 25, 2014 beginning at 7PM in the Manor Sites Community Room. Representatives from the Cohoes Housing Authority and Regan Development Corp., will be in attendance at the meeting. The meeting is to give a brief description of the project and answer any questions that you may have. Hope to see you there!!!!



20 White Street, Cohoes, New York 12047  
Tel. 518-237-9201 Fax 518-235-7947  
[www.albanycap.org](http://www.albanycap.org)

**THE POWER OF CHANGE**

Greetings,

I am writing to you to let you know that my time here at Cohoes Housing Authority has come to a bittersweet end. In September of 2011, I started this great journey of getting to know all of you and watching your great successes! I have enjoyed all of the wonderful workshops and special times we have shared, like the music mobile. It has been my pleasure to work with you and allowing me to become part of your family, for this I thank you. I am excited to start a new chapter of continued employment at ACAP, just in a different location. If you have any questions or need to speak to me before I go, please call me on my cell at 365-0223 or at CHA 235-4500 X 129. I will be available to meet one on one, by phone and via email. My last day at CHA will be July 3<sup>rd</sup> 2014. I wish you much love, health and happiness!

Sincerely,  
Chris Camburn

## *15 Ways to Be a Good Dad*

- **“BEING THERE”** for your child/children (even if you’re not in a relationship with their mom)
- Show your child/children Love
- Teach them to Love
- Protect them, keep them safe
- Supporting them, providing daily necessities and giving them the opportunity to strive
- Give positive reinforcement
- Teach them limits
- Reward them
- Teach them to respect their elders
- Tuck them in at night and Read to them
- Spend quality time with your kids in an activity they enjoy
- Be their dad and best friend
- Be patient, kind and understanding
- Unconditional Love
- Married/Unmarried Fathers – Respect your child’s mom

Fathering”... is the single most creative, complicated, fulfilling, frustrating, engrossing, enriching, depleting endeavor of a man’s adult life... A father may embrace his children but until he embraces his own unique, irreplaceable value to them as a parent, he does not have as much in his arms as he thinks.”

The Nurturing Father  
Kyle Pruett



One of the missions of the Cohoes Housing Authority is to provide safe housing to our residents. Due to the tragic incident that happened at Ogden Mills Plaza this past week, we would like to forward some safety tips.

### **Building Entry**

- **NEVER** allow strangers to enter the building as you are leaving or entering any apartment building. Be aware of anybody hanging around the door who looks disinterested but makes a dash to hold open the door after it has been unlocked. Make sure all outer doors are kept locked at all times.

- **DO NOT** buzz anyone you don't know into the building. Criminals have been known to randomly buzz people's apartments saying it

is a delivery person or relative and another tenant is not answering so can you please let them in.

### **Elevators**

- Look to see who is in the elevator before entering.
- **DO NOT enter the elevator** if you do not feel comfortable; Wait for the next one.
- When in the elevator stand beside the control panel and know where the emergency alarm button is.
- If a suspicious person enters the elevator, exit before the door closes.

### **General**

- **If you lose your keys, report it to the office immediately.** We will replace your locks for a fee but your safety and the safety of the other tenants is well worth it.
- **ALWAYS be aware of your surroundings.**
- Have your key ready when approaching your front door.
- Never open your door automatically and always use your peephole.
- Lock your doors and windows.
- Never let a stranger into your home.
- Vary your daily routine.
- Avoid walking alone at night. Try to have a friend accompany you in high risk areas . . . even during the daytime.
- **WHILE SHOPPING . . .** Don't display large sums of cash, use checks where possible.
- Don't hesitate to report crime or suspicious activities.

**Even though the housing authority has security cameras located throughout all of our sites, they are not monitored. They are for documented or information purposes. Please let's do our best to ensure our safety by following these tips.**