

Cohoes Housing Authority



May 2018

www.Cohoeshousing.org

All of our properties are SMOKE FREE effective 10/1/17. There is NO SMOKING in any of our apartments or on our grounds.

Board Meeting

The CHA Board Meeting will be held on **May 15, 2018** beginning at 6:00 PM at the Manor Sites Community Room. Everyone is invited. We will also be going to the other sites as well in the upcoming months.

Administration Office

100 Manor Sites, Cohoes, NY 12047

Tel: (518) 235-4500 • Fax: (518) 235-8120

After hours maintenance emergency: (518) 235-4535

BOARD OF COMMISSIONERS

- Charles Alonge Chairperson
- Mark Pascale Vice-Chairperson
- Shawn Higgins Commissioner
- Jason Oliver..... Commissioner
- Colleen Mayo Tenant Commissioner
- Donna Braman Tenant Commissioner

STAFF CONTACTS & PHONE EXTENSIONS

Administration

Katherine Oliver	Executive Director	117
Josephine Shufelt	PH Program Coordinator	122
Karen Kremer	Accounting	129
Catherine Hamilton	Maintenance Clerk	129

Comp Grants

Dan Rigney	MOD Coordinator/Supervisor	125
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Section 8

Tracey Crandall	Housing Eligibility Assistant	120
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Tenant Relations

Sandra Obiedo	Tenant Relations Officer	113
Janice L. Medina	Sr. Account Clerk	111



Regardless who pays for the utilities, we need to save our earth's valuable resources

Office closed

The CHA offices will be closed on **Monday, May 28, 2018** for Memorial Day.

Look inside for info on:

- **For Your Information...page 2 & 3**
- **Free Laptop Program....page 4**
- **SS & MS Apt. Inspections.....page 6**
- **City's Rock the Block ...page 8**
- **Risk Control Policy...page 11**

For Your Information...



2018 Annual Plan

The Cohoes Housing Authority is preparing its 2018 plan for its public housing, Section 8 and Capital Fund Program for 2017. A PUBLIC HEARING will be held on **June 19, 2018** at the Roulier Heights Community Room at 5:30 PM. Everyone is invited. Please come join in and share your ideas on housing issues.

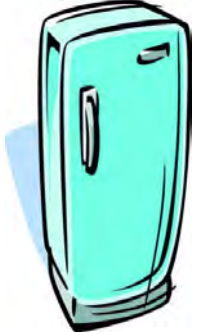


Chalk on Buildings

In the past, we have dealt with a lot of chalk drawings on the sidewalks, buildings and porches at various sites. Although it may seem innocent, chalk drawings on the buildings, sidewalks and porches are prohibited. If our maintenance personnel have to clean it, unfortunately, you will be charged. Please be sure to tell your children not to use chalk on these areas.

Range and Refrigerator Care

Kitchen appliances should be thoroughly cleaned on a regular basis. Greasy and dirty appliances are a fire hazard and can attract unwanted pests. Don't forget to clean the stove hood and fan to keep them free of grease.



CHA Policy on "Notice of Entry to units"

The CHA will notify the resident in writing at least 48 hours prior to any non-emergency inspections.

Notices for regular annual apartment inspections are distributed in the monthly newsletter. These methods allow the family to receive at least 2 weeks written notice of the inspection and allows the family enough time to prepare the unit for the inspection.

Entry for repairs requested by the family will not require prior notice. Resident-requested repairs presume permission for the PHA to enter the unit.



FYI continued.....

Drug Tip Hotline

Illegal drugs are a major problem in our country. The Cohoes Housing Authority is no exception. The CHA has a "One Strike" policy against drug crimes. Tenants are encouraged to contact the police immediately if they know of any illegal drug activity. If you know of any illegal drug activities, please contact the Cohoes Police Department or call the Drug Tip Hotline at 233-2161.



Fraud Prevention

The best way to stop fraud is when you find or suspect it, report it!

Fraud is a criminal act in which individuals steal taxpayers' monies from HUD and its programs. Tenants who make false statements regarding their income or family size, or alter official documents, are committing fraud.

Garbage Cans

Please be advised that garbage cans must be brought back to your apartment no later than the day after the waste pick up date. If they are not, our maintenance department will bring them back to your apartment and you will be charged \$6 per occurrence.



Please, No Playing Ball!

Please remember that football, baseball, or any other type of ball playing is prohibited within all the complexes. Too many windows get broken and too many residents' cars are getting damaged because there is not enough room for ball playing.

Attention CHA Tenants



The Cohoes Housing Authority has a HUD regulation that every tenant (unless exempt) needs to complete 8 hours of community service per month. Contact the Office if you have any questions.

Cohoes
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FREE Laptop's for Senior's Progam

Are you a high school senior graduating and attending college this fall? Do you need a laptop? If you said yes to both of these questions, help is on the way!! The Cohoes Community Development, Inc., in conjunction with the Cohoes Housing Authority, will be presenting our "Free Laptops for Hight School Senior's Program". We will be purchasing some laptops that we want to donate to graduating high school seniors who reside in public housing/Section 8 program and who are entering college this fall. We will give them out on a first come, first serve basis.



We recognize that entering college is a big step and the expense can be great for everyone. Therefore we have created a program that will give you a laptop for FREE, as long as you complete the 1st year of college.

If you are interested in the program please return this letter to our office, signed by your parents, stating that you agree to accept the laptop and that your parents will reimburse or return the laptop if you fail to complete the 1st year of school. You also need to submit your acceptance letter from college for the fall semester.

Student's Name (print) _____

Address: _____

Telephone Number: _____

Parent's Name (print): _____

Parent's Signature _____

Again, please submit the paperwork as soon as possible to the office. Supplies are limited!

Did you know?



Memorial Day A Day of

The American tradition of Memorial Day began approximately a century and a half ago, when two Civil War veterans saw a woman and her two children decorating the grave of a fallen soldier. Their gift of blossoms moved the two veterans so greatly that they decided to decorate more graves with flowers. From that humble beginning, a great tradition was born.

On May 5, 1868, Gen. John A. Logan, commander in chief of the Grand Army of the Republic, ordered that the 30th day of May be designated “for the purpose of strewing with flowers or otherwise decorating the graves of comrades who died in defense of their country during the late rebellion.”

For many years, “Decoration Day,” as it was called at that time, was celebrated as a day for Americans to remember those who lost their lives in service of their country. In 1882, the name Decoration Day was changed to Memorial Day, and in 1971, Memorial Day was declared a national holiday to be held on the last Monday of May every year. National observance is marked officially by the placing of a wreath on the Tomb of the Unknowns in Arlington National Cemetery.

Please join our City in honoring our veterans on Memorial Day, May 30th.



READ CAREFULLY. Drugs are no joke in our housing

Don't believe me, then read this article.

Anyone that is living or visiting your home and caught having drugs or living at your home and caught somewhere else, the entire family can be evicted. Think about it. Try and explain that to your children. It is no laughing matter. Or better yet, is your children's home worth the risk if you are using drugs? Housing is a privilege. Everyone living at the Cohoes Housing Authority lives here under rules created by Congress.

Also, all tenants must report income. Not reporting income or a live-in is fraud. We now have one case pending for a criminal case against a tenant, others were evicted in the past. Report all changes immediately. If you want someone to live with you, report it. It's the Law!



Saratoga & Manor Sites Apartment Inspections:

The Annual Apartment Inspections for Saratoga Sites will be May 14 through May 18. In the upcoming months we have scheduled the other sites as follows:

Manor Sites – June 11 through June 15, 2018



MOVING FROM THE APARTMENT

If you decide to move, you must give the office a written thirty (30) day notice prior to your expected move-out date. Failure to properly notify the office can result in the loss of your security deposit refund and an additional month's rent.

You are required to leave the apartment in the same condition as it was when you moved in. The apartment will be inspected by the maintenance department and any damage beyond normal wear and tear will be charged to you.

For your protection, you may arrange an appointment with the office for a final move out inspection. This will give you the opportunity to explain any problems that may jeopardize your security deposit. It is our aim that your stay in the apartments owned or managed by the Cohoes Housing Authority will be a pleasant experience for you and your family and a profitable one in terms of enabling you to meet your living needs within your budget. If you leave because you can afford private rent or a home of your own, our purpose will have been accomplished.

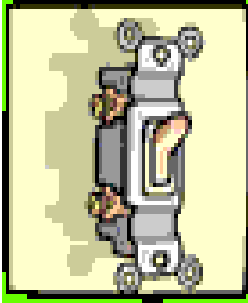


IMPORTANT!! Garbage Chutes at the Towers

It has been brought to our attention that some tenants are leaving items in the garbage rooms. Small appliances or other household items are to be brought outside to the dumpster. Glass and recyclables are to be placed in the appropriate containers. Cat litter, glass, needles, etc., are NOT to be thrown down the chute. Thank you for your cooperation.

Work orders and Charges

Tenants are encouraged to call in work orders before the problem is an emergency. The CHA will not charge for normal wear and tear of the materials or the time for labor. We know items wear out and need to be replaced but when the item is damaged, even if its an



accident, we have to charge for the repairs (materials plus labor). Resident requested repairs presume permission for the CHA to enter your unit. We work very hard to get the best prices on materials but it all

adds up. If a maintenance man is called out for an overtime call we have to pay him for his time. Tenants are charged \$60 for an after hours lock out so please consider leaving a key with a friend or neighbor to call in the event you don't have your key.

We here at the CHA want to provide quality work and housing for everyone. If we make a mistake on a repair, call us. If something doesn't work right, let us know. We are here to help you. If you have any questions, please let us know.

Attention Tenants:

We now accept credit/debit cards as a form of payment at the office (\$50 minimum per transaction)

WE'RE ON.....

facebook

A few food tips.....

Take your bananas apart when you get home from the store.

If you leave them connected at the stem, they ripen faster. ?

Store your opened chunks of cheese in aluminum foil.

It will stay fresh much longer and not mold!

Peppers with 3 bumps on the bottom are sweeter and better for eating.

Peppers with 4 bumps on the bottom are firmer and better for cooking. ?

Add a teaspoon of water when frying ground beef. It will help pull the grease away from the meat while cooking.

To really make scrambled eggs or omelets rich add a couple of spoonfuls of sour cream, cream cheese, or heavy cream; then beat them. ?

Add garlic immediately to a recipe if you want a light taste of garlic and at the end of the recipe if your want a stronger taste of garlic.

Reheat Pizza

Heat leftover pizza in a nonstick skillet on top of the stove; set heat to med-low and heat till warm. This keeps the crust crispy. No soggy micro pizza. I saw this on the food channel and it really works.



Cohoes
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WILLOW Community Resource Bulletin
May 2018



Health & Wellness



Parents & Families



Other Services



May is Women's Health Month

Health Looks Good at Every Age!
Schedule Your Yearly Checkup: Get Active: Eat Healthy



May is Asthma Awareness Month

Your Doctor or Asthma Educator can provide some good tips for improving your asthma symptoms
Pair a Puffer with a Spacer. Stay Active! Exercise Regularly
Swimming and Singing are both great for your lungs!

Bats play an important role in nature but may also carry rabies

Rabies is a deadly virus that attacks the nervous system.
Watch Albany County Department of Health's video on safe ways to capture bats at:
<https://on.ny.gov/2GDeWSV>
Or contact Albany County Department of Health for more info (518) 447-4620



This Month at the Women's & Children's Health Education Center

Breast Feeding Support Group 5/2, 16 & 30 1-2:30pm Mercy Conf Rm 6
Post Partum Support Group 5/14, 2-3pm Mercy Conf Rm 6
Parents of NICU Babies Support Group 5/21, 5:30 (dinner provided meet RSVP 518-525-1288)
Prepared Childbirth Class for Expectant Teens 5/15, 6-8pm registration required
Variety of Classes available call (518) 525-1388 or visit www.sphp.com/classes-events



Tired of Using Your WIC Checks?

Starting May 2018, Whitney Young Health WIC and Albany Medical WIC will be switching over to the EBT Card.
No more sorting groceries, no more having to get everything on the checks, no more holding up lines at the store!
Need a gallon of milk? Just swipe your card and go!



Cornell Cooperative Extension Presents:

Strengthening Families for Youth Ages 12-16 and Parents/Caregivers
Weekly starting 5/3/18 for 5 weeks- Attendance is expected at all 5 classes
Howe Public Library. Advanced registration required. Call (518) 765-3559



Happy Mothers Day to all of the
Mothers, Grandmothers and Aunts that make
this a wonderful world!



Blessingdales Clothing Center
Clothing and Household Items



Provided by Capital City Rescue Mission
95 Trinity Place Albany NY

Women's Hours: Wednesday and Friday
9:00-11 am and 1:00-3:00

Call (518) 462-0459 ext. 258

Center for Law and Justice: Thursday Service Day
220 Green Street, Albany NY
• financial experts, attorney (s), health navigators/info and community resources
• From 10am-5pm, Call to make an appointment (518) 427-8361



The Center
for Law and Justice



Albany County Offers Services for Women, Infants, & Children
If you need assistance connecting with community resources, navigating government programs,
learning about your pregnancy and how to best care for yourself and your family, contact the
Single Point of Entry (SPOE) line : (518) 447-7777, Monday-Friday 8:30-4:30
Operators available to answer questions, offer support and make referrals to medical and
dental providers, counselling, self-care education and more

ACDOH publishes this Community Resource Bulletin to increase awareness about community services available to Women and Children in Albany County. Community service providers interested in having their services listed here are encouraged to submit information to Lara.Madison@albanycountyny.gov



Albany County Department of Health
Daniel P. McCoy, County Executive

Around the community...

MAYOR SHAWN MORSE PRESENTS:

ROCK THE BLOCK

2018 CONCERT SERIES

CANAL SQUARE, 72 REMSEN STREET, COHOES

THURSDAY EVENINGS 6:30PM - 8:30PM

- | | |
|---------|---|
| JUNE 7 | SKEETER CREEK |
| JUNE 14 | NEW YORK PLAYERS |
| JUNE 21 | KRISTEN CAPOLINO |
| JUNE 28 | ERIN HARPE & THE DELTA SWINGERS |
| JULY 5 | THE AUDIOSTARS |
| JULY 12 | THE REFRIGERATORS |
| JULY 19 | BIG SKY COUNTRY |
| JULY 26 | DAMN THE TORPEDOES (TOM PETTY TRIBUTE BAND) |
| AUG. 2 | THE STRANGER (BILLY JOEL TRIBUTE BAND) |
| AUG. 9 | DOWNTOWN HORNS |



~ FREE ADMISSION ~

Bring your own lawn chair. Food and beverages will be available for purchase at all concerts.

*CONCERTS MADE POSSIBLE BY THE SUPPORT OF LOCAL BUSINESSES AND
DECRESCENTE DISTRIBUTING COMPANY*

Cohoes
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Mice

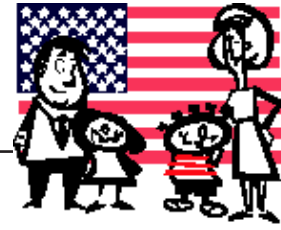


Mice can always be a problem. No use standing on a table, that won't help. If you have mice call us right away. Mice reproduce quickly and can get out of hand very quickly and will take much longer to get rid of. Feeding the birds can also cause you problems. It draws unwanted birds but also mice and even rats. Please don't throw bread for the birds, it is unhealthy for all of us.



Spring Clean-Up

Spring is here and when the snow melts everything looks dirty. Please help by raking and picking up papers. By raking and cleaning up the spring flowers bloom more easily. Let's all help make a good impression. If you need rakes call the office. Remember it's your home, so keep it clean!



Sound like your house?

My Parents...

AT SEVEN: My Parents—They are the smartest people in the world; they know everything.

AT SEVENTEEN: My parents don't know as much as I thought they did.

AT TWENTY-ONE: My parents don't know anything compared to me—they just don't understand the younger generation.

AT THIRTY-FIVE: My parents know much more than I thought they did. They were really quite worldly-wise.

AT FIFTY: My parents were always right. Everything they did was for my benefit.



Watch out for Children..

Its that time of year again and the Ice Cream Truck is here! All tenants and their guests should be extra careful driving throughout the sites. Also, please tell your children not to run in the roads and to throw their wrappers into the proper waste containers located throughout the sites. Thank you and be safe.

Risk Control Policy.....

The following Resolution was introduced by Commissioner Colleen Mayo, read in full and considered:

RESOLUTION NO. 18-01

LET IT THEREFORE BE RESOLVED THAT the Board of Commissioners of the Cohoes Housing Authority has adopted the Risk Management Policy as follows:

The safety and well-being of the residents, guests and employees of the Cohoes Housing Authority are of the utmost importance. Proper procedures must be established in order to ensure that the highest level of safety is provided for all.

It is the intention of the Cohoes Housing Authority to abide by all applicable laws and regulations which govern the health and safety of the tenants, visitors and property. Risk Management methods will be employed to prevent and control loss which may threaten the health and well being of those the authority serves.

Risk Management methods will be the responsibility of all levels of the Authority. The Cohoes Housing Authority shall make all efforts feasible to ensure that optimal level of safety is provided for all. Through the administration of this adopted Risk Management Policy and the cooperation and support of those involved, the Cohoes Housing Authority will make risk control a priority.

The foregoing Resolution was proposed by Commissioner Colleen Mayo, which said motion was seconded by Commissioner Mark Pascale.

Upon a roll call vote, the Ayes and Nays were as follows:

AYES

NAYS

Charles Alonge
Jason Oliver
Mark Pascale
Colleen Mayo
Donna Braman

None

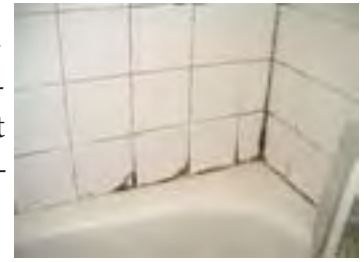
The Chairperson thereupon declared said motion carried and the Resolution adopted.

Jan18.Min

Check out our Tenant Portal at
Cohoeshousing.org

Mold Removal using Vinegar

Did you know that an effective and economical method for mold removal is using vinegar? Rather than using more costly products or ones that give off pungent odors, white vinegar is safe and found in nearly everyone's pantry. Provided below is a step by step process using vinegar:



1. Make sure you use only white fermented vinegar to kill mold, other synthetic acetic acids will not do the job.
2. Fill a spray bottle with undiluted white vinegar.
3. Spray vinegar onto mold infested surfaces and in places where mold regularly grows, such as shower curtains, grout of tiles, walls, sealing underneath faucets, edges and outside of the bathtub, counter top, etc.
4. Leave the vinegar to sit for a minimum of 30 minutes for the acid to kill the mold.
5. Wipe clean the surfaces with water and let it dry completely. Remember moisture is the cause for mold growth.
6. Use a solution of vinegar and water to mop floor regularly. This helps to kill any mold residues.
7. To remove mold from clothing and fabric materials, soak them with the solution of vinegar and water and leave overnight without adding any laundry detergent.



8. Rinse off the vinegar water and wash with normal laundry detergent and warm water. This shall kill all traces of mold. Vinegar is a safe product to use for mold removal; as it is biodegradable and edible. It does not leave nasty residue like bleach does. You can even use vinegar to kill molds in kitchen. Spray vinegar onto the counter tops, dish drainer, cutting board will keep mold at bay.